

# Longitudinal Data Analysis Using R

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# Longitudinal Data Analysis Using Stata

This handbook, which was prepared by Paul Allison in June 2018, closely parallels the slides for Stephen Vaisey's course on **Longitudinal Data Analysis Using R**.

Stata data sets for the examples and exercises can be downloaded at

[StatisticalHorizons.com/resources/data-sets](http://StatisticalHorizons.com/resources/data-sets)



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## Outline

1. Opportunities and challenges of panel data.
  - a. Data requirements
  - b. Control for unobservables
  - c. Determining causal order
  - d. Problem of dependence
  - e. Software considerations
2. Linear models
  - a. Robust standard errors
  - b. Generalized least squares with ML
  - c. Random effects models
  - d. Fixed effects models
  - e. Between-within models
3. Logistic regression models
  - a. Robust standard errors
  - b. GEE
  - c. Subject-specific vs. population averaged methods
  - d. Random effects models
  - e. Fixed effects models
  - f. Between-within models
4. Count data models
  - a. Poisson models
  - b. Negative binomial models
5. Linear structural equation models
  - a. Fixed and random effects in the SEM context
  - b. Models for reciprocal causation with lagged effects

## Panel Data

Data in which variables are measured at multiple points in time for the same individuals.

Response variable  $y_{it}$  with  $t = 1, 2, \dots, T$

Vector of predictor variables  $x_{it}$ .

Some of these may vary with time, others may not.

Assume, for now, that time points are the same for everyone in the sample. (For some methods that assumption is not essential).

## Why Are Panel Data Desirable?

In *Econometric Analysis of Panel Data* (2008), Baltagi lists six potential benefits of panel data:

1. Ability to control for individual heterogeneity.
2. More informative data: more variability, less collinearity, more degrees of freedom and more efficiency.
3. Better ability to study the dynamics of adjustment. For example, a cross-sectional survey can tell you what proportion of people are unemployed, but a panel study can tell you the distribution of spells of unemployment.
4. Ability to identify and measure effects that are not detectable in pure cross-sections or pure time series. For example, if you want to know whether union membership increases or decreases wages, you can best answer this by observing what happens when workers move from union to non-union jobs, and vice versa.
5. Ability to construct and test more complicated behavioral models than with purely cross-section or time-series data. For example, distributed lag models may require fewer restrictions with panel data than with pure time-series data.
6. Avoidance of aggregation bias. A consequence of the fact that most panel data are micro-level data.

## My List

1. Ability to control for unobservables.

Accomplished by fixed effects methods.

2. Ability to investigate causal ordering: Does  $y$  cause  $x$  or does  $x$  cause  $y$ ?

Accomplished by simultaneous estimation of models with lagged predictors.

Methods for combining fixed effects with cross-lagged models have only recently been developed and not often used (outside of economics)

3. Ability to study the effect of a “treatment” on the trajectory of an outcome (or, equivalently, the change in a treatment effect over time).

## Problems with Panel Data

1. Attrition and missing data.

2. Statistical dependence among multiple observations from the same individual.

- Repeated observations on the same individual are likely to be positively correlated. Individuals tend to be persistently high or persistently low.
- But conventional statistical methods assume that observations are independent.
- Consequently, estimated standard errors tend to be too low, leading to test statistics that are too high and  $p$ -values that are too low.
- Also, conventional parameter estimates may be statistically inefficient (true standard errors are higher than necessary).

- Many different methods to correct for dependence:
  - Robust standard errors
  - Generalized least squares
  - Generalized estimating equations (GEE)
  - Random effects (mixed) models
  - Fixed-effects models
- Many of these methods can also be used for clustered data that are not longitudinal, e.g., students within classrooms, people within neighborhoods.

## Software

I'll be using Stata 15, with a focus on the **xt** and **me** commands.

These commands require that the data be organized in the “long form” so that there is one record for each individual at each time point, with an ID number that is the same for all records for the same individual, and a variable that indicates which time point the record comes from. The “wide form” has one record per individual.

All of the methods described here can also be implemented in SAS.

# Linear Models for Quantitative Response

Notation:

$y_{it}$  is the value of the response variable for individual  $i$  at time  $t$ .

$z_i$  is a column vector of variables that describe individuals but do not vary over time

$x_{it}$  is a column vector of variables that vary both over individuals and over time

Basic model:

$$y_{it} = \mu_t + \beta x_{it} + \gamma z_i + \varepsilon_{it}, \quad i=1, \dots, n; t=1, \dots, T$$

where  $\varepsilon$  is a random error term with mean 0 and constant variance, assumed to be uncorrelated with  $x$  and  $z$ .

$\beta$  and  $\gamma$  are row vectors of coefficients.

No lags, different intercepts at each time point, coefficients the same at all time points.

Consider OLS (ordinary least squares) estimation.

- Coefficients will be unbiased but not efficient. An efficient estimator is one whose true standard error is as small as possible, i.e., minimal variability across repeated samples.
- Estimated standard errors will be too low because  $\text{corr}(\varepsilon_{it}, \varepsilon_{it'}) \neq 0$

## Example:

581 children interviewed in 1990, 1992, and 1994 as part of the National Longitudinal Survey of Youth (NLSY).



Time-varying variables:

ANTI antisocial behavior, measured with a scale ranging from 0 to 6.

SELF self-esteem, measured with a scale ranging from 6 to 24.

POV poverty status of family, coded 1 for in poverty, otherwise 0.

Time-invariant variables:

BLACK 1 if child is black, otherwise 0

HISPANIC 1 if child is Hispanic, otherwise 0

CHILDAGE child's age in 1990

MARRIED 1 if mother was currently married in 1990, otherwise 0

GENDER 1 if female, 0 if male

MOMAGE mother's age at birth of child

MOMWORK 1 if mother was employed in 1990, otherwise 0

Original data set `nlsy.dta` has 581 records, one for each child, with different names for the variables at each time point, e.g., ANTI90, ANTI92 and ANTI94.

Before converting from the wide form to the long form, let's look at the over-time correlations for the dependent variable.

```
use c:\data\nlsy.dta, clear  
corr anti*
```

```
(obs=581)
      |   anti90   anti92   anti94
-----+-----
anti90 |   1.0000
anti92 |   0.6380   1.0000
anti94 |   0.5447   0.6008   1.0000
```

Note that the 4-year lag correlation is smaller than the two 2-year lag correlations.

Using the **reshape** command, we now convert the data into the long form, a set of 1743 records, one for each child in each year:

```
use c:\data\nlsy.dta, clear
gen id = _n
reshape long anti self pov, i(id) j(year)
save persyr3, replace
```

```
Data                wide  ->  long
-----
Number of obs.      581   ->  1743
Number of variables    17   ->    12
j variable (3 values)      ->  year
xij variables:
      anti90 anti92 anti94  ->  anti
      self90 self92 self94  ->  self
      pov90  pov92 pov94    ->  pov
-----
```

Note:

The time-invariant variables are repeated across the multiple records for each child.

The variable **id** has a unique ID number for each child.

The variable **year** has values of 90, 92 or 94.

Now we'll do OLS regression, with no correction for dependence

```
reg anti self pov black hispanic childage married  
gender momage momwork i.year
```

Source	SS	df	MS	Number of obs = 1743		
Model	380.85789	11	34.6234446	F( 11, 1731) = 15.16		
Residual	3952.25743	1731	2.28322208	Prob > F = 0.0000		
-----				R-squared = 0.0879		
Total	4333.11532	1742	2.48743704	Adj R-squared = 0.0821		
-----				Root MSE = 1.511		
anti	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
self	-.0741425	.0109632	-6.76	0.000	-.095645	-.0526401
pov	.4354025	.0855275	5.09	0.000	.2676544	.6031505
black	.1678622	.0881839	1.90	0.057	-.0050959	.3408204
hispanic	-.2483772	.0948717	-2.62	0.009	-.4344523	-.0623021
childage	.087056	.0622121	1.40	0.162	-.0349628	.2090747
married	-.0888875	.087227	-1.02	0.308	-.2599689	.082194
gender	-.4950259	.0728886	-6.79	0.000	-.637985	-.3520668
momage	-.0166933	.0173463	-0.96	0.336	-.0507153	.0173287
momwork	.2120961	.0800071	2.65	0.008	.0551754	.3690168
year						
92	.0521538	.0887138	0.59	0.557	-.1218437	.2261512
94	.2255775	.0888639	2.54	0.011	.0512856	.3998694
_cons	2.675312	.7689554	3.48	0.001	1.167132	4.183491

Problems:

Although the coefficients are unbiased, they are not efficient (true standard errors are larger than necessary).

More important, reported standard errors and *p*-values are probably too low

## Solution 1: Robust standard errors

Robust standard errors are standard error estimates that correct for dependence among the repeated observations. Also known as Huber-White standard errors, sandwich estimates, or empirical standard errors.

For OLS linear models, conventional standard errors are obtained by first calculating the estimated covariance matrix of the coefficient estimates:

$$s^2(\mathbf{X}'\mathbf{X})^{-1}$$

where  $s^2$  is the residual variance and  $\mathbf{X}$  is a matrix of dimension  $Tn \times K$  ( $n$  is the number of individuals,  $T$  is the number of time periods, and  $K$  is the number of coefficients). Standard errors are obtained by taking the square roots of the main diagonal elements of this matrix.

The formula for the robust covariance estimator is

$$\hat{\mathbf{V}} = (\mathbf{X}'\mathbf{X})^{-1} \left( \sum_i \mathbf{X}'_i (\mathbf{y}_i - \mathbf{X}_i \hat{\boldsymbol{\beta}}) (\mathbf{y}_i - \mathbf{X}_i \hat{\boldsymbol{\beta}})' \mathbf{X}_i \right) (\mathbf{X}'\mathbf{X})^{-1}$$

where  $\mathbf{X}_i$  is a  $T \times K$  matrix of covariate values for individual  $i$  and  $\mathbf{y}_i$  is a  $T \times 1$  vector of  $y$  values for individual  $i$ . The robust standard errors are the square roots of the main diagonal elements of  $\hat{\mathbf{V}}$ .

In Stata, this method can be implemented with most regression commands using the **vce** option:

```
reg anti self pov black hispanic childage married  
momage gender momwork i.year, vce(cluster id)
```

<b>Linear regression</b>	<b>Number of obs =</b>	<b>1743</b>
	<b>F( 11, 580) =</b>	<b>8.99</b>
	<b>Prob &gt; F =</b>	<b>0.0000</b>

							R-squared	=	0.0879
							Root MSE	=	1.511
							(Std. Err. adjusted for 581 clusters in id)		
anti	Coef.	Robust Std. Err.	t	P> t	[95% Conf. Interval]				
self	-.0741425	.0133707	-5.55	0.000	-.1004034	-.0478816			
pov	.4354025	.1093637	3.98	0.000	.2206054	.6501995			
black	.1678622	.1309221	1.28	0.200	-.0892769	.4250014			
hispanic	-.2483772	.1341785	-1.85	0.065	-.5119122	.0151578			
childage	.087056	.0939055	0.93	0.354	-.0973804	.2714923			
married	-.0888875	.1336839	-0.66	0.506	-.3514509	.173676			
momage	-.0166933	.0241047	-0.69	0.489	-.0640364	.0306498			
gender	-.4950259	.1057334	-4.68	0.000	-.7026929	-.2873589			
momwork	.2120961	.1189761	1.78	0.075	-.0215803	.4457725			
year									
92	.0521538	.0540096	0.97	0.335	-.0539244	.158232			
94	.2255775	.0641766	3.51	0.000	.0995306	.3516245			
_cons	2.675312	1.138426	2.35	0.019	.4393717	4.911252			

Although coefficients are the same, almost all the standard errors are larger. This makes a crucial difference for MOMWORK, BLACK and HISPANIC.

Notes:

- Robust standard errors may be *smaller* than conventional standard errors.
- You generally see a bigger increase in the standard errors for time-invariant variables than for time-varying variables. Standard errors for time itself often decrease.
- Robust SEs are also robust to heteroscedasticity and non-normality.
- In small samples, robust standard errors may be inaccurate and have low power. For reasonably accurate results, you need *at least* 20 clusters if they are approximately balanced, 50 if they are unbalanced. See Cameron & Miller (2015) *Journal of Human Resources*

## Solution 2: Generalized Least Squares (GLS) with Maximum Likelihood.

The attraction of this method is that it, in addition to getting the standard errors right, it produces efficient estimates of the coefficients (i.e., true standard errors will be optimally small). It does this by taking the over-time correlations into account when producing the coefficient estimates.

Conventional least squares estimates are given by the matrix formula

$$(\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}'\mathbf{y}$$

GLS estimates are obtained by

$$(\mathbf{X}'\hat{\mathbf{\Omega}}^{-1}\mathbf{X})^{-1}\mathbf{X}'\hat{\mathbf{\Omega}}^{-1}\mathbf{y}$$

where  $\hat{\mathbf{\Omega}}$  is an estimate of the covariance matrix for the error terms. For panel data, this will typically be a “block-diagonal” matrix. For example, if the sample consists of three people with two observations each, the covariance matrix will look like

$$\hat{\mathbf{\Omega}} = \begin{bmatrix} \hat{\sigma}_{11} & \hat{\sigma}_{12} & 0 & 0 & 0 & 0 \\ \hat{\sigma}_{12} & \hat{\sigma}_{22} & 0 & 0 & 0 & 0 \\ 0 & 0 & \hat{\sigma}_{11} & \hat{\sigma}_{12} & 0 & 0 \\ 0 & 0 & \hat{\sigma}_{12} & \hat{\sigma}_{22} & 0 & 0 \\ 0 & 0 & 0 & 0 & \hat{\sigma}_{11} & \hat{\sigma}_{12} \\ 0 & 0 & 0 & 0 & \hat{\sigma}_{12} & \hat{\sigma}_{22} \end{bmatrix}$$

where  $\hat{\sigma}_{11}$  is an estimate of  $\text{var}(\varepsilon_{i1})$ ,  $\hat{\sigma}_{22}$  is an estimate of  $\text{var}(\varepsilon_{i2})$ , and  $\hat{\sigma}_{12}$  is an estimate of  $\text{cov}(\varepsilon_{i1}, \varepsilon_{i2})$ . We assume that these variances and covariances are the same across individuals.

There are many different ways to estimate these variances and covariances. I used to focus on the method of generalized estimating equations (GEE), as

implemented with the **xtgee** command. We will use this method later for logistic regression. For linear models, I now prefer maximum likelihood, implemented with the **mixed** command:

```
mixed anti self pov black hispanic childage married gender
momage momwork i.year || id:, noconstant
residuals(unstructured,t(year)) stddeviations
```

- **noconstant** says “don’t fit a random intercepts model” (see the next section).
- **residuals** says “estimate variances and covariances for the error terms.”
- **unstructured** says “don’t impose any structure on variances and covariances.”
- **t(year)** sets the time dimension.
- **stddeviations** says “report standard deviations and correlations instead of variances and covariances.”

<b>Mixed-effects ML regression</b>				<b>Number of obs</b>	=	<b>1,743</b>
<b>Group variable: id</b>				<b>Number of groups</b>	=	<b>581</b>
				<b>Obs per group:</b>		
					<b>min</b>	<b>3</b>
					<b>avg</b>	<b>3.0</b>
					<b>max</b>	<b>3</b>
<b>Log likelihood = -2910.4053</b>				<b>Wald chi2(11)</b>	=	<b>105.93</b>
				<b>Prob &gt; chi2</b>	=	<b>0.0000</b>
-----						
	<b>anti</b>		<b>Coef.</b>	<b>Std. Err.</b>	<b>z</b>	<b>P&gt; z </b>
						<b>[95% Conf. Interval]</b>
-----						
	<b>self</b>		<b>-.0597951</b>	<b>.0093479</b>	<b>-6.40</b>	<b>0.000</b>
	<b>pov</b>		<b>.2739148</b>	<b>.0797349</b>	<b>3.44</b>	<b>0.001</b>
	<b>black</b>		<b>.2221163</b>	<b>.1234505</b>	<b>1.80</b>	<b>0.072</b>
	<b>hispanic</b>		<b>-.2369447</b>	<b>.1358772</b>	<b>-1.74</b>	<b>0.081</b>
	<b>childage</b>		<b>.0607793</b>	<b>.0895205</b>	<b>0.68</b>	<b>0.497</b>
	<b>married</b>		<b>-.0376591</b>	<b>.1244933</b>	<b>-0.30</b>	<b>0.762</b>
	<b>gender</b>		<b>-.4967857</b>	<b>.1046405</b>	<b>-4.75</b>	<b>0.000</b>
	<b>momage</b>		<b>-.0150424</b>	<b>.0248672</b>	<b>-0.60</b>	<b>0.545</b>
	<b>momwork</b>		<b>.2661671</b>	<b>.1127786</b>	<b>2.36</b>	<b>0.018</b>
						<b>.045125</b>
						<b>.4872091</b>

year						
92	.0468588	.0532737	0.88	0.379	-.0575558	.1512734
94	.2155011	.0628523	3.43	0.001	.0923129	.3386894
_cons	2.590622	1.075436	2.41	0.016	.4828067	4.698437
-----						
Random-effects Parameters		Estimate	Std. Err.	[95% Conf. Interval]		
-----						
id:	(empty)					
-----						
Residual: Unstructured						
	sd(e90)	1.402862	.0413735	1.324071	1.486342	
	sd(e92)	1.47728	.043512	1.394413	1.565072	
	sd(e94)	1.635629	.0482859	1.543676	1.733059	
	corr(e90,e92)	.6045961	.0264302	.550231	.6538571	
	corr(e90,e94)	.5151491	.0308114	.4522374	.57296	
	corr(e92,e94)	.5836673	.0274119	.5273888	.6348463	
-----						
LR test vs. linear model: chi2(5) = 552.57				Prob > chi2 = 0.0000		
Note: The reported degrees of freedom assumes the null hypothesis is not on the boundary of the parameter space. If this is not true, then the reported test is conservative.						

The coefficient for POV is noticeably smaller, although still highly significant. The coefficient for MOMWORK is somewhat larger, and the  $p$ -value is again well below .05.

The over-time correlations for the errors are all quite large. At the bottom we get a likelihood ratio chi-square test of the null hypothesis that (a) the three correlations are 0, and (b) the three standard deviations are the same. This is clearly rejected.

With five or fewer time points, the unstructured model is usually the best way to go. With many time points the number of unique correlations will get large:  $T(T-1)/2$ . And unless the sample is also large, estimates of all these parameters may be unstable.



In that case, consider restricted models. Let  $\rho_{ts}$  be the correlation between  $\varepsilon_{it}$  and  $\varepsilon_{is}$ , i.e., errors for the same individual at time  $t$  and time  $s$ . Here are some possible structures for longitudinal data:

TYPE	Description	Formula
EXCH	Exchangeable, i.e., equal correlations	$\rho_{ts} = \rho$
AR#	Autoregressive of order #	$\varepsilon_{it} = \sum_{j=1}^{\#} \theta_j \varepsilon_{it-j} + v_{it}$
TOEPLITZ#	Correlation depends on distance between $t$ and $s$	$\rho_{ts} = \rho_{ t-s }$ when $ t-s  \leq \#$ , otherwise $\rho_{ts} = 0$
EXPONENTIAL	A generalization of AR1 to allow unequal gaps	$\rho_{ts} = \rho^{ t-s }$

Results will often be robust to choice of correlation structure, but sometimes it can make a big difference. Unfortunately, all four of these structures presume that the error variances are constant over time. No way to relax that.

The maximum order of AR and Toeplitz is one less than the number of time points. That's the default for Toeplitz (good) but the default for AR is 1 (bad). With AR1 the correlation usually goes down too rapidly with the distance between measurements.

Let's try the exchangeable structure with the NLSY data:

```
mixed anti self pov black hispanic childage married  
gender momage momwork i.year || id:, nocon  
res(exch) stddev
```

Notice that you don't need the **t(year)** option with this correlation structure.